

A Blueprint For Biblical Blessing

Text: Psalm 1

Intro:

1. Perhaps one of the most overlooked words in the Bible → blessed → blessing.
2. Analyze the full meaning of being blessed → living the blessed life → receiving the blessing of God → means:

Amplified:
Happy
fortunate
prosperous
enriched

- 1) Completeness of God → fullness → wholeness
- 2) Technical sense → being made happy.
- 3) Real way → blessed life is the happy life.
3. Look at word → nation → community → home → extended lives → need for Biblical blessing → happy life.

1) 1 → 4: depression / 1-20 (global) / 1-10 photos.

2) 28 billion day preceptors puzzle → help

50 billion people on earth have some kind of happiness.

4. Question is: What is happiness? Many answers:

1) Secular reality: → rather intricate details.

Happy ~~that~~ people:

- (1) Bodies → generally fit + healthy.
- (2) Realistic goals + expectations.
- (3) Supportive friendships
- (4) Intimacy + closeness in marriage + family.
- (5) Faith that provides support, purpose + acceptance
- (6) Happy people → have happy dispositions
- (7) Happy dispositions come from either personal character:

- ① Self-esteem → Happy people like themselves.
- ② Optimism → " " are hope-filled.
- ③ Extroversion → " " are outgoing.
- ④ Personal control → " " feel have control of personal decisions.
- ⑤ Self-motivation → " " believe happy / want happy / think happy → less when feel down / depressed / face negative circumstances.

2) When turn to the Bible → Spiritual foundations for the words. → God said it long before the members.

- ① Self-esteem → Eph. 1.
- ② Optimism → Phil 4: 6-8 / 11 / 12 / 13 / 19
- ③ Extroversion → Eph. 5: →
 11-5:1 → Be imitators of God or dearly loved children + live a life of love just as Christ loved us + gave himself up as a fragrant offering + sacrifice to God.

② I Tim 4: 12 → Set an example for the behavior in speech, in life in love + in purity.

- ④ Personal Control: → I Jn. 4: 4 // II Cor. 4: 8-10/16-18
- ⑤ Self-motivation: → Job / David / Peter / Paul → Rom 8

3) Bible: Happiness is a blueprint for Biblical living.

5. Sounds great → How?

- 1) Too much loads in my life. Ill: Telephone connected → wrong number.
- 2) Ill: Doctor → forgot to call you yesterday.

6. Then to Prolet one = See blueprint:

I. Biblical blessing means discipline (Believers)

1. Does not walk in the counsel of the wicked
 - 1) Does not take the advice of evil people.
 - 2) Does not plan life in context of the tasks → (Heb. word for method) → to set plan living, means, meet + interdependence.
 - 3) Does not walk like people in Jeremiah's time: Jer. 7:24 → did not obey or incline their ear to God, but walked in their own counsels.
 - 4) N.T. outlines the believer's walk (scrip.)

2. Does not stand in the way of sinners
 - 1) Does not conform to model of behavior of sinners →
 - (1) Does not give in to the peer pressure.
 - (2) Has to be different.
 - 2) Key word is Heb. word - chatta → denies.
 - (1) Musing of the walk.
 - (2) Mismatching of the way.
 - (3) hamatted → puns but bull's eye → calluses → misses the target.
 - (4) James 4:17 → know to do good, etc.



3. Does not sit in the seat of scoffers.

1) Hits at heart of problem → folly of making sacred things → numerous seen today → secularize the sacred. (Del: Baeton) - cut

2) Hebrew word for scoffer is lets
(1) Denotes arrogant & cynical contempt.

(2) Bible:

① Proverbs 13:1 → Mocker does not like to rebuke.

② Proverbs 14:6 → Mocker is unable to learn; seeks wisdom in vain.

③ Proverbs 15:12 → ~~sees~~ A mocker rejects correction; he will not correct the wise.

④ Proverbs 22:10 → Drive out the mocker, & out goes strife; quarrels & insults are ended.

(3) Barclay sums up: "The scoffer is the arrogant, cynical, unteachable trouble maker who rejects & refuses all discipline."

4. Apottle Paul: I Cor. 9: 24-27

5. Del: Hypoc Couple → Renewal Home

3) Practices of Law → Psalm 1

II. Biblical Blessing means Doctrine (Teaching)

T. Way of David

Prov. 32:7-9
mt. 6:23-34

1. View 2.
2. After talk about thinking our way to happiness → Happiness is a way of life. // Heart is where it is.
3. Steps guide - monitor of our thought →
4. Psalmist points out → monitors our thought by the word of God.
 - 1) Jew talks about the Toral.
 - 2) Really means: teaching + instruction in an entire body of principles based on the revelation of God.
 - 3) Talmudic talk → expand + develop the law into practical rules for living in everyday situations of life.
5. Two Dimensional monitor model.

- 1) To delight → Find a sense of joy in the fulfillment of law. // why delight?
 - (1) Psalm 19: 7-11 (note 10)
 - (2) Psalm 119: 93, 93, 97
- ① If your law had not been my delight, I would have perished in my affliction.
- ② I will never forget your precepts, for by them you have renewed my life.
- ③ Oh, How I love your law → I will meditate on it all day long.

2) To meditate: often have micro-naps →
use the word → everybody cries →
(1) Not to sit in silence & retreat.

(2) When Jew reads law → low murmuring tone →
shake & move → avoid complete concentration →
shut out all else around.

(3) Prayer → so consumed by the Word of
God that God's revelation become second
nature.

(4) It is: ^{see: Womox at ~~Cross~~ Corbens}
^{Porter's wife}
① To concentrate to the point of total assimilation
of the word for actualization in daily life.

② Ill: excerpt from Head Sea-Scroll.

(p. 63 → Theology of Worship.)

6. Ill: God will give us the means
to make our depression → 6 steps out of depression →
see Peale pamphlet. {out of depression}

III: Bible & Blowing Means Development
Way of Development

1. Verse 3.
2. God wants us to grow: Cf Col-1: 4-12
3. Scriptures on growth → Eph. 4: 13 (p. 64-1. head)
4. Ill: May Island → Peale

~~III: Way of Devotion~~

1. Verse 4-6
2. Ill: spiritual therapy → Bailey p. 66
- 3.

IV. Way of Sanctification

1. Verse 4-6:

2. See loss of meaning + purpose recognized.

3. Pharisees -

1) Exaggerated ritual → self idol → severe/ineffect of every day.

2) Barrier of pious perfectionism → results in dogmatic legalism → strict jacket of guilt + hypocrisy.

3) False holiness → feel empty:

(1) Commits sins → every day, as errors of judgment or accident.

(2) Hate → which explains why these individuals.

(3) Lies → gossip explained as clever tricks to outwit Satan.

~~(4) Pharisees →~~

(4) ~~attitudes~~

4) Sense of superiority →

(H) Anyone does not recognize our exalted place → hypocrite.

(H) (Self = Traffic ticket)

4. Need a new center → spiritual theater → see Bauckham → p. 66!

5. Self: Captain's face → p. 70/71 → Theal of Worsley